

1. GENERAL INFORMATION			
1.1. Course teacher	Tihana Nemčić, Ph.D.	1.6. Year of the study programme	2
1.2. Name of the course	FOOTBALL	1.7. Credits (ECTS)	6
1.3. Associate teachers	Dario Bašić, Mag.Cin.	1.8. Type of instruction (number of hours L + S + E + e-learning)	75 (45L+30V)
1.4. Study programme (undergraduate, graduate, integrated)	Integrated	1.9. Expected enrolment in the course	180
1.5. Status of the course	Mandatory	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	
2. COURSE DESCRIPTION			
2.1. Course objectives	The goal of the course is to prepare and qualify the students for implementing teaching units of football in PE classes in elementary and high schools and partially in higher-education institutions. The goal is to familiarize the students with the history of football, its rules, the organization of football tournaments, techniques, teaching methods and basics of football tactics.		
2.2. Course enrolment requirements and entry competences required for the course	No enrolment requirements		
2.3. Learning outcomes at the level of the programme to which the course contributes	The application of attained knowledge to PE classes delivery in the educational system at all levels; the recognition and critical deliberation about the advantages and disadvantages of applying football contents in relation to other kinesiological activities.		
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	The students will be able to: understand the position of football in different sports classifications, demonstrate and verbally present basic knowledge about football techniques, teaching methods and basics of football tactics, identify effects and contributions of certain motor skills and abilities in player's performance during the entire football match or just in its segments.		
2.5. Course content broken down in detail by weekly class schedule (syllabus)	<p><b>Theoretical lectures:</b></p> <ol style="list-style-type: none"> <li>1. Evolution of football. (2L)</li> <li>2. Rules of football. (2L)</li> <li>3. Kinesiological analysis and anthropological requirements of football. (2L)</li> <li>4. Basic football techniques. (3L)</li> <li>5. Basic football technique teaching methods. (2L)</li> <li>6. Football tactics of the offensive phase of the match. (2L)</li> <li>7. Football tactics of the defensive phase of the match. (2L)</li> </ol> <p><b>Theoretical-practical lectures and exercises</b> (each topic is covered with 2TPL+2E)</p> <ol style="list-style-type: none"> <li>1. Movement techniques of player without the ball (basic movements, start and acceleration, maximal running speed).</li> <li>2. Movement techniques of player without the ball (changing directions, take-offs jumps and landings, arhythmic movements).</li> <li>3. Ball dribbling (straight line dribbling in basic movement tempo – different foot parts).</li> <li>4. Ball dribbling (off line dribbling in variable movement tempo – different foot parts).</li> <li>5. Kicks.</li> <li>6. Headers.</li> <li>7. Receiving the ball (with amortization and receiving the bounced-off ball).</li> <li>8. Ball transition.</li> </ol>		

	9. Tackles. 10. Fakes and dummies. 11. Throw-ins. 12. Goalkeeper's technique (without and with the ball). 13. Uneven teams play – side games (4:4, 5:4, 5:5, 6:5, 6:6). 14. Game tactics in offensive and defensive phases – on the football field (11:11). 15. Group tournament.					
2.6.Format of instruction:	<input checked="" type="checkbox"/> lectures <input type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> on line in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work	<input type="checkbox"/> independent assignments <input type="checkbox"/> multimedia and the internet <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)	2.7.Comments:			
2.8.Student responsibilities						
2.9.Screening student work (name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course )	Class attendance	0.5	Research		Practical training	2
	Experimental work		Report		(other)	
	Essay		Seminar essay		(other)	
	Tests	1	Oral exam	2	(other)	
	Written exam	0.5	Project		(other)	
2.10. Grading and evaluating student work in class and at the final exam	Class attendance 9% Tests 16% Written exam 9% Oral exam 33% Practical training 33%					
2.11. Required literature (available in the library and via other media)	<b>Title</b>			<b>Number of copies in the library</b>	<b>Availability via other media</b>	
	1.	Barišić, V. (2007). Kineziološka analiza taktičkih sredstava u nogometnoj igri. Zagreb: Kineziološki fakultet. Doktorska disertacija.				
	2.	Dujmović, P. (2006). Škola suvremenog nogometa. Zagreb: Zagrebački nogometni savez.				
	3.	Pravila nogometne igre (1994). Zagreb: Hrvatski nogometni savez.				
2.12.Optional literature (at the time of submission of study programme proposal)	1. Marković, G., Bradić, A. (2008). Nogomet – integralni kondicijski trening. Zagreb: Grafički zavod Hrvatske. 2. Priručnik za nogometne trenere (2008). UEFA A. Zagreb: Nogometna akademija HNS. 3. Schmidt, C. E. (2009). Nogomet: napredne vježbe. Zagreb: Gopal. 4. Nogometni leksikon (2004). Zagreb: Leksikografski zavod Miroslav Krleža.					
2.13.Quality assurance methods that ensure the acquisition of exit competences	Anonymous student survey.					